

The CareGivers

Helping the frail, elderly, and disabled to maintain their independence & dignity.

News

Serving the Greater Manchester and Nashua Communities

Summer 2002

The CareGivers Honor Healthy Aging

As a part of September as Healthy Aging Month, The CareGivers, Inc. is honoring senior volunteers who, as a part of staying active, are providing much-needed support services to those in the community who have long-term illnesses or who are homebound. The CareGivers, Inc. provides the following programs: Rides for healthy Living, Food for the Homebound, Friendly Visits and Reassurance Phone Calls in the Greater Manchester and Nashua areas. "Our organization assists more than 600 care recipients in the community with simple everyday activities, such as helping with grocery shopping and transportation to doctor appointments," Donny R. Guillemette, Executive Director, says. "Our volunteers who are over the age of 65 donate their time to our program in order to help others. The CareGivers, Inc. gives them the opportunity to stay actively involved in the community while aiding others who unfortunately are not as healthy or as mobile." Our volunteers prove that growing old gracefully does not mean giving up a healthy active lifestyle.

According to the Administration on Aging, more than 35 million Americans are age 65 or older. September as Healthy Aging Month is designed to broaden awareness of the positive aspects of aging and to provide information and inspiration for adults to improve their physical, mental, social and financial fitness. With more Americans living longer lives, many are faced with the challenge of helping a family member, neighbor or friend with arthritis, diabetes, cancer, Alzheimer's or other chronic conditions. Nearly 12 million Americans currently have a serious, chronic condition that prevents them from carrying out many daily activities for themselves. As the nation's population ages, the number of people who will develop these conditions will increase.

New Photo IDs for Volunteers

Through a generous donation from St. Mary's Bank a full color photo ID system will soon be in place. This will provide us with the capability to provide a photo ID for all our volunteers. You will receive a post card advising you to schedule a visit with us for your photo. Once in place, all volunteers will be required to wear this identification whenever providing services, whether it is a friendly visit at their home or transportation to doctor and groceries in the community.

Please feel free to call the office if you have any questions regarding the photo ID.



Pattie Hayes poses next to our new photo ID system donated by St. Mary's Bank

The CareGivers, Inc. would like to acknowledge the generosity of the following people who contributed to our programs from May 1st, 2002 through July 31st 2002. Their donations will help insure that more than 600 seniors and disabled people will receive the services they need to remain independent.

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Arthur Getz Foundation
 BECFI
 The John Stabile Family Foundation
 The McIninch Foundation

CONGREGATIONS

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 St. Anthony Parish
 Saint Joseph Church
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Nashua Exchange Club

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Clients to Benefit from Day of Caring Events

Although the Day of Caring events are scheduled to be on different days in Nashua and in Manchester, both will allow CareGiver clients to receive similar benefits. They will have the opportunity to participate and enjoy a wonderful day filled with companionship and adventure.

“Often times the individuals that we serve exist on a fixed income and don’t have the option to indulge themselves with little extras,” says Donny R. Guillemette, Executive Director. “The Day of Caring event allows us to have the utilization of local business volunteers to provide services to our clients outside the daily realm of our programs.”

Both events’ schedules are similar, yet different. Nashua’s Day of Caring is planned for a volunteer to pick up a client at her home, transport the individual to the Continental Academie of Hair Design for a day of “pampering” and then to the Ground Round Restaurant on Amherst St. for a nice lunch. Manchester’s will involve volunteers accompanying individuals to the Millyard Museum and then sharing a meal at the Ground Round Restaurant on South Willow St.

Corporate Connections

The following corporations have supported The CareGivers in a significant way throughout the year. If you share our mission and would like to be part of our team, please call The CareGivers.



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The following have committed to support the CareGivers at a level of \$500 or more so far this year

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Thinking of You

The following people have generously sent in donations *in honor of* and *in memory of* someone special from May 1st, 2002 through July 31st, 2002. This is truly a wonderful way of showing that you care about someone, because not only are you paying them tribute, but each contribution helps others in need.

Mr. and Mrs. Maurice Bedard *in memory of* Lucienne Achilles
Beatrice Goodhue *in memory of* parents and grandmother
Jeannette Grady *in memory of* Thomas and Susan Grady
Mr. Stephen Guter *in memory of* Audrey Guter
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