



*Helping another person remain independent is a cherished gift we would all like to receive as we grow older.*

Lisa is a young mother with two small boys who believes in the power of relationships. She knows the importance of grandparents in young children's lives. The fact that her own family lives 500 miles away has not deterred her. Instead, every week she brings her two young sons to visit Theresa, another grandmother in her boys' eyes.

These visits with Theresa give Lisa and her children a strong sense of family. Her boys enjoy an expanded relationship by having a grandmother actively involved in their lives. As a CareGiver, Lisa demonstrates the value of giving and sharing with those of different ages—that we all have something to contribute.



Theresa is in her 70s and has a lifetime of experiences to share. Lisa and her boys give her the opportunity to share them, keeping Theresa very young at heart. She looks forward to their visits, helping the boys with their homework, working together on crafts projects, and always sharing stories. While Theresa is busy with the boys, Lisa helps Theresa with small household needs.

By bringing these three generations together, Theresa gains the help she needs to remain independent and Lisa and her sons gain that important relationship with a very special woman. The essence of The CareGivers is giving. Creating new family relationships is another example of the many ways to give.

*The*  
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*Helping the frail, elderly, and disabled to maintain their independence and dignity.*